



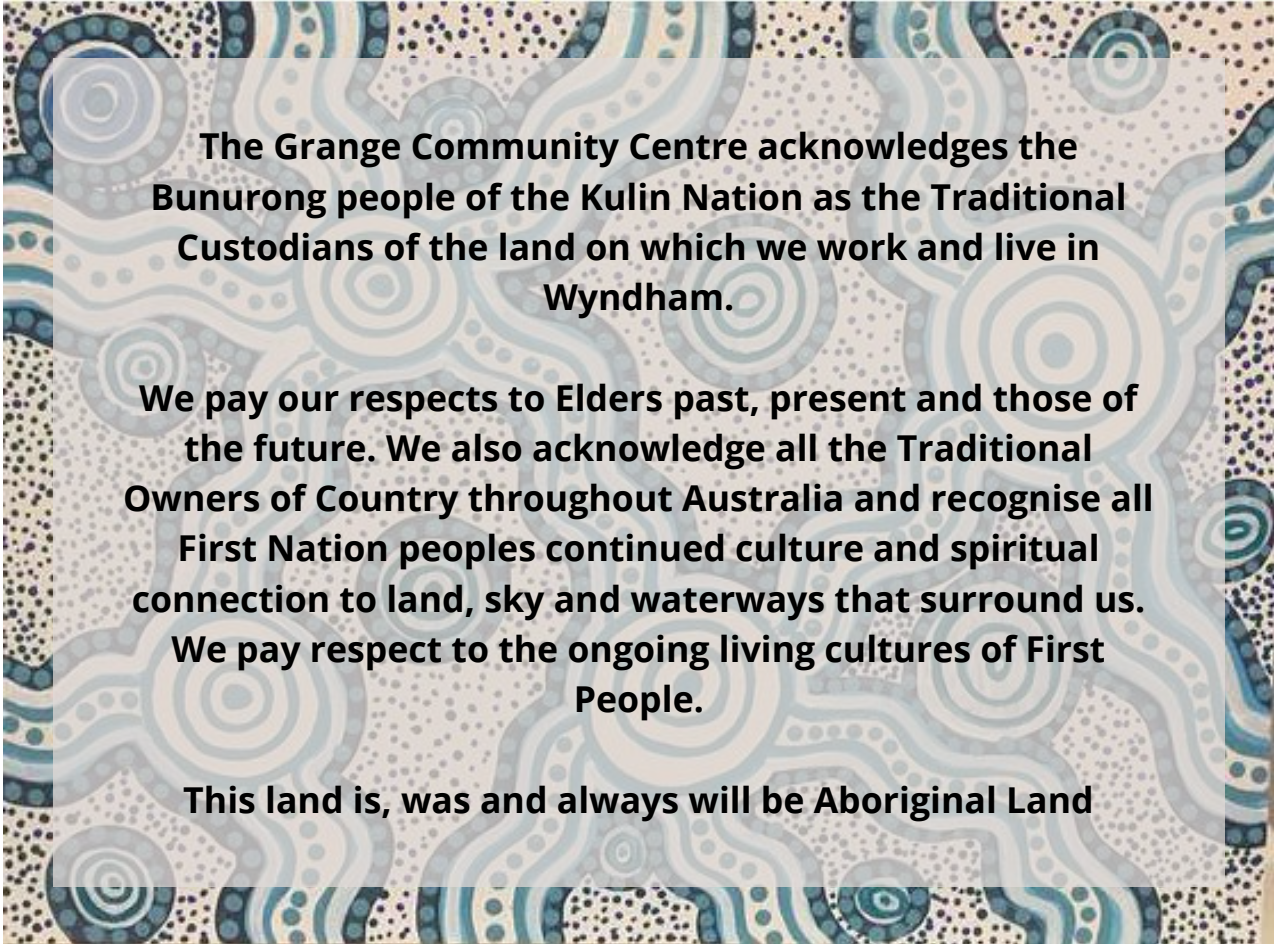
# WHAT'S ON AT THE GRANGE COMMUNITY CENTRE TERM 1, 2024

# Our Vision

Where everyone matters and is welcome.

# Our Mission

A community where everyone is welcome into a safe and caring space to connect with meaningful opportunities and resources. We provide high quality, innovative approaches to wellbeing, support and learning, and by using a strength based approach we seek to build our community's capacity. In responding to the needs of our community we strive for excellence in everything we do.



**The Grange Community Centre acknowledges the Bunurong people of the Kulin Nation as the Traditional Custodians of the land on which we work and live in Wyndham.**

**We pay our respects to Elders past, present and those of the future. We also acknowledge all the Traditional Owners of Country throughout Australia and recognise all First Nation peoples continued culture and spiritual connection to land, sky and waterways that surround us. We pay respect to the ongoing living cultures of First People.**

**This land is, was and always will be Aboriginal Land**

# ABOUT US



Located in Hoppers Crossing, The Grange Community Centre is a hub for people of all ages, backgrounds, and abilities. The Centre provides opportunities for lifelong learning, delivers early years services, supports community gatherings and events, and has a focus on improving the health and wellbeing of all who access the Centre.

We aim to provide programs and services which respond to the needs of our community, are accessible for everyone, and most importantly are offered in a welcoming and friendly environment.

GCC programs and services are supported by Wyndham City Council and by Federal and State Governments.

The Grange Community Centre is committed to Child Safety, and has a Zero tolerance of child abuse and actively works to protect and empower children.

Contact Us:

Email: [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)

Phone: 03 8742 8000

Website: [www.grangecommunity.org.au](http://www.grangecommunity.org.au)

# WELLBEING ACTIVITIES

## YOGA

Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class

Day: Tuesday

Time: 9:30am - 10:15am

Cost: \$15.00 per class (discounted term rates available)

Registration can be completed via our website or in person upon arrival.



## BALANCE, FITNESS, FUN (BFF)

Join us for a fun 45 minute exercise class to improve your strength and flexibility. Bring BFF along with you!

Day: Thursday

Time: 9:30am - 10:15am

Cost: \$15.00 per class (discounted term rates available)

Registration can be completed via our website or in person upon arrival.



## WOMEN'S ONLY FITNESS

Join us for a Women's only fitness class on chairs suitable for all ages, seniors, all disabilities and for rehabilitation participants.

Day: Wednesday

Time: 10:00am - 10:45am

Cost: \$10.00 per class (discounted term rates available)

Registration can be completed via our website or in person upon arrival.



# SOCIAL ACTIVITIES

## TWISTED STITCHES KNITTING GROUP

Join our lovely Knitting Group as they knit items to be donated to charity. Registration can be completed upon arrival.

Day: Monday

Time: 12:30pm - 2:30pm

Cost: Free



## HOUSE OF FUN

Join us for a variety of activities such as arts & crafts, games, sing-a-longs and so much more.

Day: Friday

Time: 11:30am - 1:00pm

Cost: FREE



Registration can be completed via our website or in person upon arrival.

## CHATTY CAFE

Join the lovely Nola every Wednesday morning to a hot cuppa, some yummy treats and a chat.

Day: Wednesday

Time: 10:00am - 11:30am

Cost: FREE

Registration can be completed in person upon arrival.



# SOCIAL ACTIVITIES

## WALKING GROUP

Join us for a 45 minute walk around our local surroundings. All fitness levels welcome.

Day: Wednesday

Time: 9:15am - 10:00am

Cost: FREE

Registration can be completed via our website or in person upon arrival.



# EDUCATION

## FIRST AID TRAINING

Choose from several First Aid Certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more

Day: Alternating Wednesday & Saturday

Contact: 9998 6188 or via the website [www.accreditedfirstaidcourses.com.au](http://www.accreditedfirstaidcourses.com.au)

## TRISCOTT EDUCATIONAL SERVICES

CHC30213 Certificate III in Education Support

Day: Thursday

Time: 9:00am - 3:00pm

Contact: [www.triscott.com.au](http://www.triscott.com.au) or [info@triscott.com.au](mailto:info@triscott.com.au)



## KUMON

Kumon helps your children reach their potential through English & Math enrichment classes

Day: Monday and Thursday

Time: 3:30pm - 7:00pm

Contact: Priyanka 0476 034 193 or [kumonhopperscrossing@gmail.com](mailto:kumonhopperscrossing@gmail.com)



# COMMUNITY ACTIVITIES

## QIAN LI DAO

Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.

Days: Tuesday, Wednesday & Saturday

Contact: 9731 1789 or [info@qianlidao.com.au](mailto:info@qianlidao.com.au)



## WING CHUN KUNG FU

Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available

Day: Friday

Time: 7:00pm - 9:00pm

Contact: [admin@xiquwingchun.com.au](mailto:admin@xiquwingchun.com.au) or 0432 489 762



## KELLY MINI SPORTS

Come and try Australia's most popular sports program for toddlers and pre schoolers, where we teach the kids Soccer, Basketball, Cricket, Tennis, Rugby and AFL

Day: Monday

Time: 9:30am - 11:00am

Contact: Fiona - [fiona@kellyminisports.com.au](mailto:fiona@kellyminisports.com.au)





# COMMUNITY ACTIVITIES

## WEIGHT WATCHERS

Receive support in your journey to lose weight. With weekly workshop/ group led discussion

Days: Friday

Time: 9:00am - 11:00am

Contact: Kate 1800 828 886 or [rents.au@ww.com](mailto:rents.au@ww.com)



## ZUMBA WITH GERRINA

Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.

Day: Monday

Time: 8.00pm - 9.00pm

Contact: Gerrina 0408 722 307 or [gerrine\\_asis@hotmail.com](mailto:gerrine_asis@hotmail.com)



## MTF TAEKWONDO

MTF Taekwondo, founded in Korea in 1998 by Grand Master Hee Yeong Jeong. His focus is on spreading not only the physical techniques but also the cultural and educational values of Taekwondo through his club

Day: Wednesday & Saturday

Time: W - 4.30pm - 7.45pm S 8.30am - 1.15pm

Contact: Jason 0406 211 096 or [info@mtftkd.com](mailto:info@mtftkd.com)



# COMMUNITY ACTIVITIES

## WYNDHAM TOWN CLUB

Receive support in your journey to lose weight. We encourage you as you take the steps needed to make a change in your lifestyle, to eat sensibly, exercise, attain and maintain a healthy goal weight.

Days: Friday

Time: 9:00am - 11:30am

Contact: 0413 444 083 [www.townclubs.com.au](http://www.townclubs.com.au)



## MELBOURNE MOVES - DANCE ACADEMY

Learn Bollywood, Hip Hop, Semi-Classical & Contemporary dance forms.

Day: Thursday

Time: 6:00pm - 8:00pm

Contact: Asha 0432 277 359 or [contact@msquaredance.com](mailto:contact@msquaredance.com)



## MINI MOVERS

Mini Movers is a physical wellbeing-based program that uses different sports to increase the motor skills of children aged 3 to 7 years.

Day: Monday

Time: 11:30am - 12:30pm

Contact: Tori 52249972 or [tori.honner@leisurenetworks.org](mailto:tori.honner@leisurenetworks.org)



## ZUMBA WITH DOMI

Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.

Day: Wednesday

Time: 8.00pm - 9.00pm

Contact: Domi 0452 474 600 or [mourgues.domi@outlook.com](mailto:mourgues.domi@outlook.com)



# SUPPORT SERVICES

## AT WORK

Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.

Day: Monday - Friday

Time: 9:00am - 5:00pm

Contact: 1300 080 856 or [www.atworkaustralia.com.au](http://www.atworkaustralia.com.au),



## RELATIONSHIP MATTERS

Relationship Matters is a not-for-profit organisation that promotes healthy, respectful and fulfilling relationships within the Victorian community.

Day: Monday, Tuesday, Wednesday

Time: 4:00pm - 7:30pm

Contact: Guy Penna 0432 544 611 or [gpenna@relationshipmatters.com.au](mailto:gpenna@relationshipmatters.com.au)



# 3+ EARLY LEARNING PROGRAM

The 3+ Early Learning Program is planned and implemented by Qualified Early Childhood Educators. The program aims to extend the child's development and learning, using routines and play based experiences appropriate for children's unique and holistic development.

## Session Days and Times

Thursday - 9:00am to 2:00pm

Friday - 9:00am to 2:00pm

## Fees

5 hour session - \$49.61 per session

Child Care Subsidy applies to all of the 3+ Early Learning Programs held at The Grange Community Centre (if eligible).

For more information, call us on 8742 8000 or email [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)



# 3 YEAR OLD KINDERGARTEN

Kindergarten is a powerful way to support your child's learning and development and most importantly, it assists with the successful transition to school down the track. At The Grange Community Centre our 3-year-old program is run by a qualified teacher.

## Session Days and Times

Monday: 9:00am - 2:00pm

Tuesday: 9:00am - 2:00pm

Wednesday: 9:00am - 2:00pm

## Eligibility:

Your child is eligible to attend a 3-year-old funded Kindergarten Program if they are 3 or will be turning 3 years of age on or before 30 April in the year they start attending. Children who turn three after 30 April are only eligible to participate in the following year's 3-year-old Kindergarten Program.

For more information, call us on 8742 8000 or email [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)



# OUT OF SCHOOL HOURS CARE

Our approach to Out Of School Hours Care (OSHC) is to provide a high quality environment that is safe and gives children the opportunity to learn and play. Our Service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings.

## Operating Hours

Before School Care: 6:45am - 9:00am  
After School Care: 3:00pm - 6:30pm

## Fee Information

Before School Care: \$19.85  
After School Care: \$33.08

## Casual Fees

Before School Care: \$21.85  
After School Care : \$35.08



These programs are available from Monday to Friday during school terms, excluding Public Holidays and Grange P-12 College Curriculum Days.  
Eligibility for Care: Children must attend the Grange P-12 Primary Campus.

For more information, call us on 8742 8000 or email [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)

# PLAYGROUP

Calling all parents and grandparents! If you are keen to meet with like minded local people, for your little one to make friends and spend time enjoying different activities each week and having loads of fun, our Playgroup is for you!

Our Playgroup is facilitated by Belinda who has been at The Grange for almost 12 years! Belinda will guide you through each session to ensure everyone is having fun with educational, play based learning.

Suitable for children aged 6 weeks - 5 years old.

**Day:** Monday & Tuesday

**Time:** 9:30am - 11:30am

**Cost:** Term fees of \$59.00 per family or \$80.00 as a Family Daycare provider to be paid prior to term commencement.

For more information, call us on 8742 8000 or email [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)



# BULLETIN BOARD



## COMMUNITY BOOK SWAP

TAKE A BOOK  
LEAVE A BOOK  
READ A BOOK  
SHARE A BOOK

We have generously had a book shelf donated to the Community Centre! Pop in to browse our book selection.



## COMMUNITY PANTRY

Give as much as you can.  
Take what you need.

We welcome all donations



# WHAT'S ON



## The Grange Community Centre

The Grange Community Centre extends a warm invitation to attend our Annual General Meeting as we gather to discuss our 2023 year.

The AGM is an opportunity for you, our community, colleagues, centre users, and supporters to share with us your experiences and ideas for the centre.

Have your say and be a part of the conversation to help us plan for the future of our programs and services to make sure we get it right for you.

Entertainment and refreshments following the AGM.

**Wednesday 7th February 2024**

**6:30pm - 8:30pm**

**Please RSVP by Thursday 1st February 2024  
via phone 8742 8000 or email  
enquiries@grangecommunity.org.au**

# TESTIMONIALS

“I like coming to the Grange because it feels like family.”

– **CHATTY CAFÉ PARTICIPANT**

“I love the Grange because it gets me out of the house where I can meet new friends. The knitting group is fun and informative, with very friendly faces. The staff at the centre are a delight.”

– **EVENTS**

“I would like to thank all the educators at the Grange 3 + activities team for the wonderful job they do for our kids. You guys are amazing as a team. As a parent I’m so glad that I made the right decision getting my son enrolled in the activity group .”

– **3 + EARLY LEARNING PROGRAM**

“The team at the Grange Community Centre make you feel so welcome. Its a very comfortable environment to talk to other people that you wouldn’t normally talk to. It is lovely to meet new people at the weekly morning tea.”

– **WELLBEING PARTICIPANT**

“We are really touched by the endeavours made by the educators, especially for Guy being first-time kinder/childcare goer, and without English background... We appreciate the educators’ patience, respect for other cultures and creative ways in handling this tricky situation.

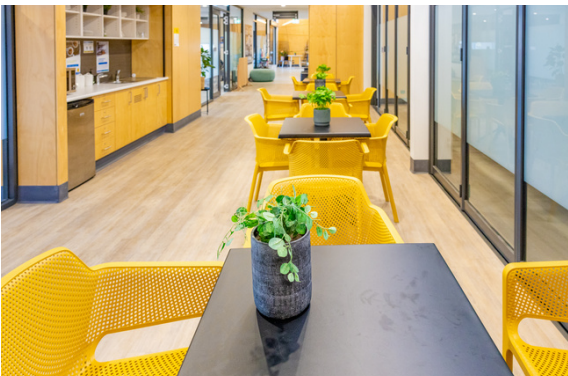
Anyway, we feel lucky that we have the lovely educators in the beginning of Guy’s kinder journey.”

– **3 YEAR OLD KINDERGARTEN**

# ROOM HIRE

The Grange Community Centre hires our spaces to community groups and private businesses. We unfortunately do not hire our Centre for private functions, this includes but is not limited to birthday parties, christenings, weddings, etc.

For more information on the Room Hire process, please visit our website [www.grangecommunity.org.au/roomhire](http://www.grangecommunity.org.au/roomhire) or call us on 8742 8000



## Rates per hour (GST inc)

*Prices are current as of January 2024*

### Community Room 2 (Regular Hirer)

Not for Profit - \$24.00  
Community Classes - \$27.00  
Corporate Activities - \$37.00

### Community Room 2 (Casual Hirer)

Not for Profit - \$27.00  
Community Classes - \$32.00  
Corporate Activities - \$42.00

### Community Room 3 or 4 (Regular Hirer)

Not for Profit - \$22.00  
Community Classes - \$27.00  
Corporate Activities - \$34.00

### Community Room 3 or 4 (Casual Hirer)

Not for Profit - \$25.00  
Community Classes - \$32.00  
Corporate Activities - \$38.00

### Community Room 3/4 Combined (Regular Hirer)

Not for Profit - \$34.00  
Community Classes - \$39.00  
Corporate Activities - \$44.00

### Community Room 3/4 Combined (Casual Hirer)

Not for Profit - \$38.00  
Community Classes - \$44.00  
Corporate Activities - \$50.00

# CONTACT US



03 8742 8000



[enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)



[www.grangecommunity.org.au](http://www.grangecommunity.org.au)



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[www.instagram.com/grangecc/](https://www.instagram.com/grangecc/)



8:00am - 4:30pm